Brain CT and prognostication after cardiac arrest



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Wijdicks et al. AAN Guidelines, Neurology 2006





diffuse anoxic brain injury on brain CT



Grey-White Matter Ratio (GWR) = (average HU grey matter) / (average HU white matter)

0

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Association Between a Quantitative CT Scan Measure of Brain Edema and Outcome After Cardiac Arrest

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Conclusions—Subjects with severe cerebral edema, defined by GWR<1.20, have very low survival with conventional care, including hypothermia. GWR estimates pre-treatment likelihood of survival after cardiac arrest.



Scheel et al., Scand. J. Trauma. 2013

Timing of brain CT and prognostication after CA

preliminary data

- Retrospective mono-center study
- 195 patients after cardiac arrest
- 33C for 24h
- brain CT at different time points
- 50 patients with repeat-CT (early+late)
- Manual GWR determination (16 ROI)



time after cardiac arrest

GWR threshold 1.10

	< 6h (n=106)	6-24h (n=31)	>24h (n=108)
sensitivity	0.17	0.1	0.39
specificity	1	1	1

- 50 patients with both, early and late CT
- 17 good outcome, 33 poor outcome
- GWR threshold 1.10

	Early CT (<6h)	Late CT (>24h)
sensitivity	0.12	0.48
specificity	1	1

Automated assessment of early hypoxic brain edema in non-enhanced CT predicts outcome in patients after cardiac arrest *

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automated determination of GWR/ co-registration of brain CT to atlas



Martin Kenda, preliminary data

Conclusions

GWR <1.10 -> high specificity for poor outcome (CPC4/5)

GWR decreases over the first hours/days after CA in severe HIE

Sensitivity higher for late as compared to early CTs (around 40%)

normal GWR / brain CT does not exclude severe HIE

Automated GWR determination eliminates rater bias